

Milk served for breakfast & lunch every day
 Seasonal fruits & vegetables

Goodies: cheese, raisins, peanut butter, etc.

April 2019

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
1	Baked goods/fruit Spaghetti w/ turkey meat sauce/salad/fruit Cottage cheese/ww crackers/fruit	2	Cornflakes/fruit ww cheese quesadillas/salsa /spinach salad/fruit Pretzels/fruit	3	(ww)bagels/goodies/fruit Tuna salad on greens/fruit/baguette Yogurt/goodies/fruit	4	Oatmeal/fruit Chicken and gravy over rice/veggies/fruit PB & raisin roll ups/fruit	5	Whole grain cereal/fruit Turkey sandwiches/chips/relish tray/fruit Trail Mix/fruit	
8	Baked goods/fruit Mac & cheese/salad/fruit Pepperoni/mozzarella cheese/ww crackers/fruit	9	Whole grain cereal/fruit Michelle's Salisbury steak/rice/veggies/fruit Ants on a log/fruit	10	(ww)bagels/goodies/fruit Pinto beans/salsa/cornbread/ salad/fruit Hummus/veggies/crackers	11	Baked oatmeal/fruit Cheesy hot dogs/fries/biscuits/fruit Animal crackers/fruit	12	Whole grain cereal/fruit Pizza bagels/veggies/ crackers/fruit Snack mix/fruit	
15	Baked goods/fruit Rotini w/marinara/antipasto salad/fruit Cottage cheese/ww crackers/fruit	16	Rice Krispies/fruit ww bean burritos/salsa /salad/fruit Goldfish/fruit	17	(ww)bagels/goodies/fruit Turkey ham & cheese quiche/spinach salad/fruit Yogurt/goodies/fruit	18	Baked oatmeal/fruit Swedish meatballs in gravy over rice/veggies/fruit Veggie & cream cheese rollups/fruit	19	CLOSED	
22	Baked goods/fruit Spinach lasagna/salad/fruit Cheese/veggies/crackers	23	Whole grain cereal/fruit Baked mango chicken/veggies/rice/fruit Snickerdoodles/fruit	24	(ww)bagels/goodies/fruit Red beans & rice/salad/fruit Yogurt/goodies/fruit	25	Baked oatmeal/fruit Turkey ham steaks/rice/salad/fruit Cinnamon graham crackers/fruit	26	Whole grain cereal/fruit Submarine sandwiches/relish tray/chips/fruit Chex mix/fruit	
29	Baked goods/fruit Cheeseburgers/chips/relish tray/fruit Cottage cheese/ww crackers/fruit	30	Whole grain cereal/fruit Joan's green chile chicken enchiladas/salad/fruit Snickerdoodles/fruit							